



**The 3<sup>rd</sup> Annual  
Rockford Wrestling Invitational  
Round Robin Tournament  
Rockford Senior High School  
December 2, 2017 – 10:00 am**

**Teams:** *Rockford, Gladbrook-Reinbeck-North Tama, Hudson, Newman Catholic, North Polk, West Fork*

**Entry Fee:** \$90 Checks can be brought to tournament or sent in.

**Weigh-ins: 8:00 AM** – We will weigh in all VARSITY wrestlers. Weigh ins will take place in the Rockford locker room. JV wrestlers will need their weights sent in by their coach no later than **NOON FRIDAY** and will NOT weigh in Saturday morning.

**Coaches Meeting & Hospitality Room:** We will hold a brief coaches meeting in Room 127 (Business Room) at 8:30 AM to go over finals plans for the day. This room will also serve as the Hospitality Room for coaches, administrators, bus drivers, and tournament workers through the day providing food and drinks. Signs will be posted to direct necessary individuals.

**Rosters:** We will be utilizing Track Wrestling for this year's tournament. Your coaches should receive an email regarding the entry procedure. JV lineups need to be emailed to [jheimer@rockford.k12.ia.us](mailto:jheimer@rockford.k12.ia.us) by Friday, December 1 at NOON. Please be prompt in meeting all deadlines.

**Schedule:** 8:00AM- Varsity Weigh Ins  
8:30AM- Coaches Meeting  
9:00AM- JV Wrestling Begins using 2 mats (1<sup>st</sup> Round-9:00...2<sup>nd</sup> Round-9:30)  
10:00AM- National Anthem  
-1<sup>st</sup> and 2<sup>nd</sup> Rounds of Varsity  
- JV Round 3  
- Varsity Rounds 3-5

**Wrestling:**

**JV**

- Using 2 mats, we will complete the first two rounds of JV matches prior to the varsity tournament at 10:00. The 3rd round of JV will take place after the 2<sup>nd</sup> round of varsity competition.
- We will group the JV wrestlers Friday night in groups of three/four.-JV will wrestle round robin in their group.-JV-Matches will be: 2 – 1 – 1
- JV rosters are FINAL when we receive them; wrestlers on Saturday may be removed but not added.

**Varsity**

- All Varsity rounds will be on two mats in the main gym.
- A six man round-robin format will be utilized for Varsity with matches being a 2-2-2 structure.
- Although we do not seed this round robin tournament, as coaches we are still able to suggest who some of our better wrestlers are. Our tournament director can then do his best to get these matches toward rounds 4 or 5. We will discuss this during coaches meeting at 8:30.
- In the event of tie, we will use the following criteria: 1) Record-if tie then 2) Head to head-if tie, then 3) Most falls-if tie, then 4)Head to head-if tie, then 5)Most tech falls-if tie, then 6)Head to head-if tie, then 7)Most major decisions-if tie, then 8)Largest point differential

**Warm-Up Area:** There is a gym to the east of our High School gym that can be used as a warm up area. We will have 1 wrestling mat in there so please be courteous to other teams trying to warm up as well. JV wrestlers will take up the mats in the main gym and expect a very short break between JV matches and the 1<sup>st</sup> round of varsity.

**Locker rooms:** You will be directed to your locker room upon arrival and will remain unlocked throughout the duration of the tournament. Please be responsible for valuables. Provide your own towels.

**Awards:** Varsity – Plaques for 1st and 2nd place teams. Medals for 1st, 2nd, 3rd place individuals.  
JV – No team score or awards will be given.

**Bus Parking:** Please inform your bus driver to park your bus in front of the bus barn for the convenience of the fans. Starting from the east door, back bus directly in front of the 6 bus barn doors. If you need an extension cord to plug in bus, please let us know ahead of time.

**Admission:** Adults \$5---Students \$3. Coaches, managers, cheerleaders, and cheer advisor will receive free admission. Superintendents, principals, and ADs should present their IHSAA pass.

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