

We are looking forward to hosting your teams in Grundy Center for the Class 1A District 6 State Qualifying meet. If you need any special accommodations or have questions, don't hesitate to call or email me.

From: Grundy Center Activities Director: Dan Breyfogle dbreyfogle@spartanpride.net

515-491-4650

To: <u>Head Track Coaches, Athletic Director:</u> Ankeny Christian, Baxter, BCLUW, Belle

Plaine, Collins-Maxwell, Colo-NESCO, Gladbrook-Reinbeck, GMG, Grandview Christian, Grundy Center, Hudson, Iowa Valley, Meskwaki, North Tama, Valley

Lutheran

RE: 1A District 6 State Qualifying Meet, **Thursday May 9th, 2019**

Welcome to Grundy Center! Please find below information pertaining to the upcoming Track Meet.

<u>Format:</u> We will start field events at 4:00 and all running events at 4:30. We will follow the IHSAA/IGHSAU Meet order of events and will have a 45 minute break after the boys 4x800 Meter Relay. Please refer to the IHSAA/IGHSAU track and field manual and have all information updated on quickstats.

Running Surface: 8 lane all-weather polyurethane. Please use 1/8th inch pyramid spikes only!! Please instruct your athletes to pull the tape off of the track at exchange zones! Tennis balls will not be able to be used.

<u>Admission</u>: \$6.00 for K-12 students and adults. There will be no charge for a child who is not yet in school.

<u>Concessions and Restrooms</u>: Located at west end of the track/stadium complex. Extra portable toilets will be just in side the main gate on the north side of the stadium.

<u>Camps:</u> May be set up outside of the track on the north, South, east or west side of the stadium. Camps may NOT be set up anywhere on the track infield area.

<u>Football Field</u>: Please instruct your athletes to stay off the football field. Use the south side straight-away for your warm-ups when appropriate. Athletes need to use the gates to enter track area. **DO NOT JUMP THE FENCE!**

Field Events:

• Shot/Disc Weight in will be just east of the Stadium by the tunnel.

Limit Three (2) participants per school.

Shot Put- located far east end of stadium
Discus- located just east of north bleachers
High Jump- located next to east end zone
*starting height: Boys 5'4", Girls 4'6"
Long Jump- located in southeast corner of stadium
*enter behind south-side (visitor) bleachers

<u>Timing:</u> We will be utilizing Finish Lynx Fully Automated Timing System.

<u>Clerk of Course:</u> will be located at the east end of the north straight away. Individual and anchor runners will be given a sticker with a number of their assigned lane. **Sticker must be placed directly on their left hip!!**

Scoring: We will be scoring the first 8 places in all running events.

10-8-6-5-4-3-2-1

Awards: Team champions will receive a banner. Medals will be awarded first through 8th

places.

Results: Individual, relay and team results will be posted on the board next to the

tunnel of the north bleachers. Final results will be printed for pick up as well as

being posted online.

<u>Bus Parking</u>: The street directly behind the school and next to the track stadium will be open for drop off only. Bus parking will be available on the street North of the school.

<u>Entrance:</u> Spectators and participants will enter through the main stadium entrance on the north side of the stadium.

IMPORTANT ENTRY INFORMATION!!

The deadline for Qualifying Meet entries and declarations will be 10:00 a.m. Wednesday, May 8, 2019. All scratches or substitutions must be sent by email to the Qualifying Meet host no later than 10:00 a.m. on the day of the meet, Thursday, May 9, 2019. No substitutions will be allowed

after that time. Scratches after that time will count as an event. Emergency situations will be considered and can only be approved by the IGHSAU or IHSAA.

***A coaches meeting with the Starters will take place at 3:45 in the Band room, which is directly north of the Entrance to the track on the backside of the High School.