

39th ANNUAL LYNX INVITATIONAL SATURDAY, OCTOBER 10, 2020

Race Times

8:10 Varsity Girls
8:40 Varsity Boys
9:10 JV Girls
9:40 JV Boys
10:10 Middle School Girls
10:30 Middle School Boys

Cost

\$45 per HS boys team
\$45 per HS girls team
\$25 per middle school boys team
\$25 per middle school girls team

Coaches – We will be using B & W Racing to score the meet for all races, high school, and middle school. You must have your rosters entered by 1:00 p.m. on October 5, 2020, to **The End Result** at <http://www.theendresultco.com/xc/>. Athletes will be wearing chips on their shoes. Please return all chips to Justin Bader, from B & W Racing, at the finish line, in order, after races are completed in order to get results. Pick results up here.

Awards

Medals Top 20 Varsity Races – Handed out in the chute
Medals Top 15 Girls Junior Varsity – Handed out in the chute
Medals Top 15 Boys Junior Varsity – Handed out in the chute
Team Medals – Boys' Varsity Race: 1st and 2nd overall
Girls' Varsity Race: 1st and 2nd overall

Awards: Pick up team medals in the crowd's nest and pick up final results at the finish line immediately after the Middle School Boys' race.

Middle School (7th & 8th)

Open to any 7th or 8th grade student. The first 15 girls and the first 15 boys, regardless of grade, will receive a medal in the chute.

Scoring – Girls'/Boys' Varsity – May run 7 and count 5

Girls' Junior Varsity/ Boys' Junior Varsity – May run unlimited, count 5.

Concession Stand – The concession stand will feature: maid rites, turkey dressing sandwiches, individually packaged baked goods, fruit, pop, coffee, etc.

Bus Parking – There will be people there to assist with parking. Park busses along the southeast side of the parking lot by the softball field. Backing in is recommended.

Teams: Alburnett, Benton, Cedar Rapids Prairie (MS only), Clayton Ridge, ED-CO, Grundy Center, Hudson, Independence, Iowa City Regina, Isaac Newton, Maquoketa Valley, Marion, Marquette Catholic, Midland, North Linn, Solon, Starmont, Tipton, Washington, Williamsburg

***Please let parents know we will be charging \$5 per car for parking - payment will be collected when entering the parking lot. Please try to bring EXACT change. IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT BOB MUDD: 319-310-6132 or Dana Schmidt 319-361-1029 - dschmidt@northlinncsd.org.**

****Reminder: NO PETS ALLOWED according to IAHSAA and IGHS AU rules.**

NORTH LINN HAS A MANDATORY MASK MANDATE - please see guidelines below. If you do not have a mask you will be asked to leave.

NORTH LINN ACTIVITY GUIDELINES FOR HOME EVENTS

FACE COVERINGS

- **Required for ALL in attendance and will be worn while on school grounds for both indoor and outdoor activities at North Linn.**
- **Coaches, players and officials are not required to wear masks, but are encouraged to wear masks when not competing.**

SPECTATOR EXPECTATIONS

- **Have face coverings ready before entering a school building and/or grounds.**
- **Accept personal responsibility by following public health and school guidelines.**
- **Practice safe social distancing as much as possible.**
- **Be patient and use common sense.**
- **Stay home if you show symptoms, have a temperature of 100.4 or higher or if you have been in contact with someone with a confirmed positive case of COVID-19 in the last 14 days.**