



WELCOME TO THE 2024 SPARTAN GIRLS INVITE

THURSDAY, APRIL 18th, 2024

**THIS WILL BE A VARSITY MEET WITH
UNSCORED JUNIOR VARSITY HEATS**

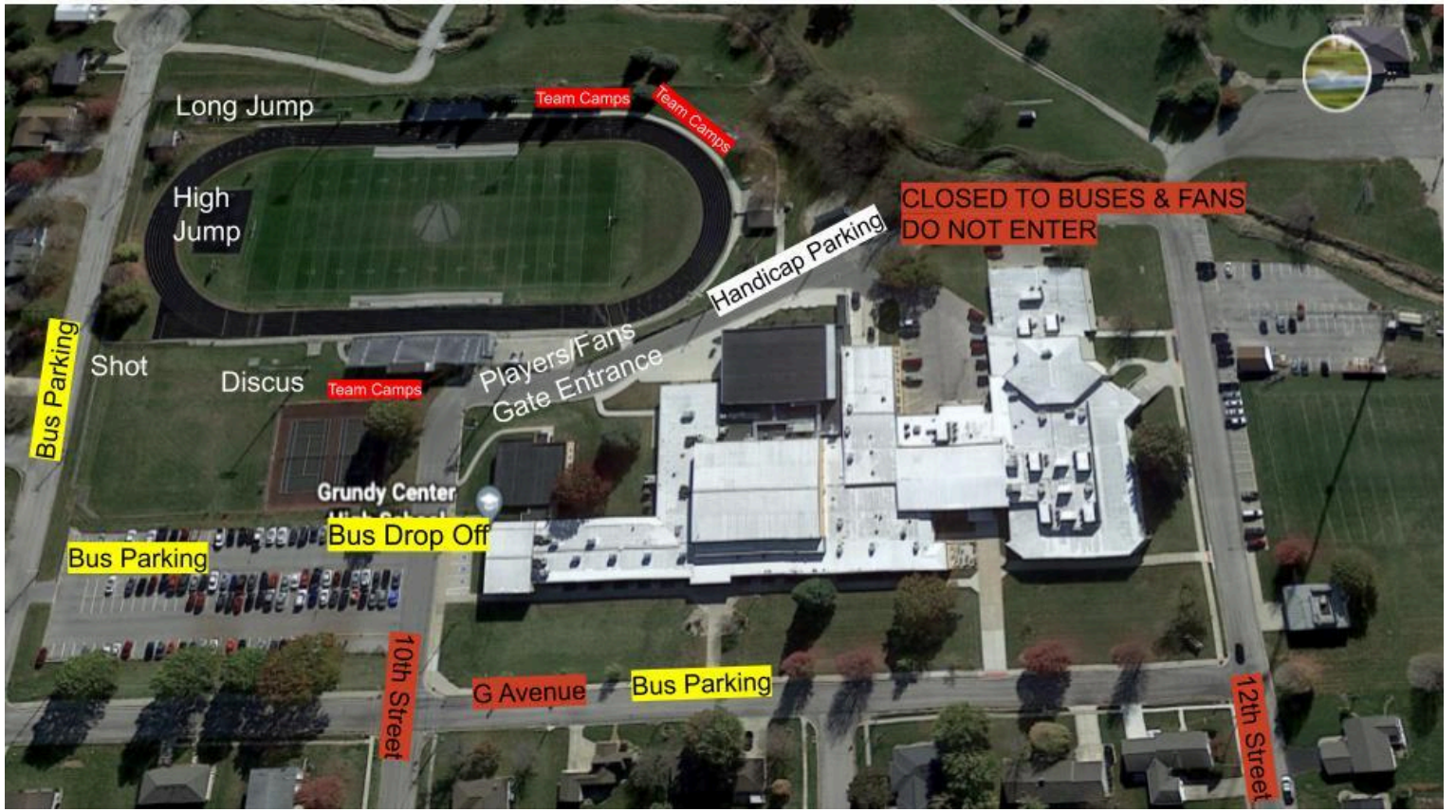
Please enter all JV Events (NT) or (ND) on Bound

Field Events: Limit (5) participants per school in the Long Jump, Shot & Discus. Limit (4) participants per school in the High Jump. Only 2 from the same school will score.

Varsity (4) attempts- all finals, (3) attempts for JV

Running Events: Limit (4) per school and only 2 can score. Limit (2) Relays per school and only 1 can score.

Extra JV Relays: 4x100, 4x200, & Spr. Medley



2023 ORDER OF EVENTS WITH NO PRELIMINARIES

Field Events: Limit four (4) participants per school. Varsity (4) attempts- all finals, (3) for JV

Shot Put- located far east end of stadium

Discus- located just east of north bleachers

High Jump- located next to east end zone

*starting height: Girls 4'4"

Long Jump- located in southeast corner of stadium

*enter behind south-side (visitor) bleachers

Clerk of Course: will be located at the east end of the north straight away. Individual and anchor runners will be given a sticker with a number of their assigned lane. **Stickers must be placed directly on their left hip!!**

Order of events:

Field Events

Discus

Long Jump

Shot

High Jump

Running Events

800m sprint medley relay

3000 meter run

4 X 800 meter relay

Shuttle hurdle relay

100 meter dash

1600m distance medley relay

400 meter dash

4 X 200 meter relay

100 meter hurdles

800 meter run

200 meter dash

400 meter hurdles

1500 meter run

4 X 100 meter relay

4 X 400 meter relay

Teams Participating:

AGWSR

BCLUW

COLO-NESCO

EAST MARSHALL

GMG

GRUNDY CENTER

HUDSON

JESUP

N. TAMA

WATERLOO CHRISTIAN