

PIRATE RELAYS

Hudson, Iowa -- April 4, 2019

DECLARE ALL ENTRIES BY THURSDAY – 12:00 PM - April 4 .

TEAMS COMPETING:

Aplington-Parkersburg
AGWSR
Belle Plaine
Denver

Don Bosco
East Marshall
Gladbrook-Reinbeck
Janesville

Jesup
Nashua-Plainfield
North Butler
Rockford

Union
Hudson

SCORING:

We will score 8 places: 10-8-6-5-4-3-2-1

AWARDS:

One Team Trophy
Individual medals for first five places
Relays medals for first three places

TIME SCHEDULE:

4:30 All Field Events
4:45 Sprint Medley
3200 Meter Run
4 x 800 Meter Relay
Shuttle hurdle relay
JV Shuttle hurdle relay (Non-Scoring)
100 Meter Dash
1600 Meter Medley Relay
400 Meter Dash
4 x 200 Meter Relay
JV 4x200 Meter Relay (Non-Scoring)
110 Meter Hurdles
800 Meter Run
200 Meter Dash
400 Meter Hurdles
1600 Meter Run
4 x 100 Meter Relay
JV 4 x 100 meter relay (Non-scoring)
Weight Man's (Throwers- Non-Scoring)
4 x 400 Meter Relay
JV 4 x 400 Meter Relay (Non-scoring)

HUDSON H.S.

From: Kevin Wurzer, A.D.

We would like to welcome you to the Pirate Relays to be held **Thursday, April 4, 2019** in Hudson.

DECLARE ALL ENTRIES BY 12:00 PM on April 4.

Please enter your athletes at <https://www.vbmeets.com/28826>

It should say Pirate Relays – You will go to that site and enter your login and password – make up your own, but remember it. You will need to enter the athletes and declare by 12:00 pm on Thursday, April 4. If you do not declare the athletes by this time, the athletes will not be entered when I download the list.

For Individual Events: both entries must be declared prior to 12:00 pm in order to be allowed scratches or replacements. *You will not be allowed to enter a second athlete upon arrival if not previously declared.* If not declared, substitutions will be allowed but no additional entries. Substitutions made at the meet will not alter seeding or lane assignments. . **Please remember to enter your entire roster of athletes in the on-line system, otherwise replacements are difficult at the meet.**

Starting time is 4:30 for field events and 4:45 for the running events.

Entry limit (per school): Relays - one team.

All other events - two contestants.

JV Athletes will be allowed to participate in the shot put and discus events, shuttle hurdle relay, 4x200, 4x100 and 4x400 and Sprint Medley. There is also a Weight Man's (throwers) 4x100. These are all non-scoring events.

Entry limit - per athlete - IHSAA rules will apply.

Please let us know if you have wheelchair participants.

Additional scratches or changes should be reported upon arrival at the top of the press box. Please read your packet upon arrival for instructions. Scratches can be made to the clerk of course but once the meet starts no replacements will happen. Individual and anchor runners will be given a sticker with a number of their assigned lane. Sticker must be placed directly on their left hip.

Starting height: 5'2" in high jump.

Meet packets and lane assignments will be handed to you as you park your bus. Scratches/substitutions at the press box.

ENTRY FEE - \$90.00.

Admission is \$5.00 adults and \$5.00 students.

Buses unload and park on the South end of the school (near Git N Go)

Please email the coach's cell phone number, in case of inclement weather.

Remind your fans not to park on Hwy 63 as they may be ticketed. Parking is North of the track and West of the schools.