## 2018 North Iowa Cedar League Conference Cross Country

 To:
 Activity Directors and Cross Country Coaches

 From:
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 Will Reingardt, DNH Coach, will.reingardt@dnhcsd.org, 641-751-7841
 Elli Eiklenborg, DNH Assistant Coach

 Rachael Cheeseman, DNH JH Coach
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RE: NICL Conference Meet

Welcome to the 2018 NICL Conference Cross Country meet to be held on Thursday, October 11th at the Fox Ridge Golf Course in Dike. The golf course is located on the northeast side of town, just off old Highway 20.

The schedule is as follows:

3:00 pm Jr. High Girls (top 10 medal) 3:30 pm Jr. High Boys (top 10 medal) 4:00 pm Varsity Girls --- run 7, score 5 4:30 pm Varsity Boys --- run 7, score 5 5:00 pm JV Girls - (top 10 medal) 5:30 pm JV Boys - (top 10 medal)

Awards upon conclusion of JV Boys race will be held by the Gazebo between the Start and Finish lines.

If possible, we will try to run ahead of schedule but we will not start another race before the preceding race is finished.

Junior High and JV awards will be handed out in the chute. Varsity will be given after all races at the ceremony by the Gazebo near the finish line. Top twenty (20) varsity boys will receive medals and 1st and 2nd team all conference honors. Top twenty (20) varsity girls will receive medals and 1st and 2nd team all conference honors. Runners twenty-one (21) through thirty (30) will be honorable mention for both boys and girls.

The Junior Varsity races will be run as a JV Invitational. The top 10 girls and top 10 boys will receive medals in the chute.

Coaches, please pick up your packets at the van by the finish line when you arrive.

The meet will be scored this year by Hilltopper Results. Coaches, you **MUST** submit all names and entries by the dates and methods explained in the letter. Deadline: Friday, October 5th @ 11:00p.m

## Athletic Directors: NO ENTRY FEE THIS YEAR

Please ask your spectators to NOT walk on the greens, tee boxes, etc. and do not place any tents on the putting greens. There will be no golf carts allowed on the course for spectators or any dogs allowed on the course. Please pass the word on to your parents and fan base. If you have any questions, please contact me at 641-751-7787

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