# NICL JV Wrestling Tournament 1/28/21 5:00 PM

# Trackwrestling

- You should have all received a link for entering wrestlers in Trackwrestling. If you did not receive the link, please let me know at ad@agwsr.org
- o All wrestlers must be entered by 9:00 AM on Thursday Jan 28.

### Weigh-ins

- We will confirm weights to ensure every wrestler is within 3 pounds of reported weight.
- Weigh-ins will take place at 4:00 PM in the gym.
- Wrestlers will be placed in brackets of 3 or 4 to a bracket according to weight and ratings.
- Wrestling will be round-robin format.
- Periods will be 2-1-1.
- Wrestling will be on 2 mats.
- Medals for 1st place.

#### Buses

- Please drop off wrestlers on the west side of the school. Then, circle the block to the left to end up parking south of the school, facing east on 5th Avenue.
- Suburbans or vans may park in the lot west of the school.

#### Locker rooms

Locker rooms will be available for use at the discretion of your coach.

## Cheerleaders

o Please, no cheerleaders this year.

#### Admission

- No restrictions on numbers
- Masks and social distancing required.
- \$5.00 admission

## Livestream

Matches will be streamed at no cost on our AGWSR YouTube channel: <a href="https://www.youtube.com/channel/UCB5L4wuxkJFMV9ti0E-v\_ww">https://www.youtube.com/channel/UCB5L4wuxkJFMV9ti0E-v\_ww</a>

## Commons

 We will have the livestream up in the commons. This would be a good place to utilize if coaches want their wrestlers to stay out of the gym as much as possible.