

VINTON-SHELLSBURG ATHLETICS

“Home of the Vikings & Vikettes”

Jeff Mangold
Head Coach
319-270-7689
jeff.mangold@vscsd.org

Jim Struve
Activities Director
319-213-0354
jim.struve@vscsd.org

VIKING/VIKETTE CROSS COUNTRY MEET TUESDAY, SEPTEMBER 24, 2019

- LOCATION:** Vinton-Shellsburg High School
210 W. 21st Street
Vinton
- TEAMS:** Alburnett, Beckman Catholic, Benton Community, Columbus Catholic, Hudson, Independence, South Tama, Union, Vinton-Shellsburg, West Delaware
- SCHEDULE:** 4:00 – VS Elementary 1-mile Run/Walk
4:20 – Middle School Girls - 2 Miles
4:40 – Middle School Boys - 2 Miles
5:10 – JV/Varsity Girls (Combined)
5:40 – JV/Varsity Boys (Combined)
6:15 – Awards Ceremony (Near finish line)
- ENTRY FEE:** \$110.00 High School
\$20.00 Middle School
- ENTRIES:** We will use Kauder Racing to score this event. The instructions for entering your roster are attached to this email. Please make sure all chips are collected and returned before leaving.
- TEAM CAMPS:** Team camps can be set up in the grassy area north of the school (old soccer field). Trash bags will be provided – please make sure your area is picked up.
- AWARDS:** Team trophies for Varsity Boys & Varsity Girls Champions
Medals 1-15 for HS Boys & Girls
Medals 1-5 for MS Boys & Girls
- RESTROOMS:** Restrooms will be open inside the school but locker rooms WILL NOT be.
- PARKING:** Buses should enter the west drive for check-in, proceed around to the east side for team drop-off in front of the school, then go straight across the street for parking in the grass lot. Spectator parking is available in the school parking lot or across the street at the football field.

Vinton-Shellsburg Invitational
Tuesday, September 24, 2019
Kauder Racing Meet Entry Instructions
Entry Deadline: 1:00 pm, Thursday, September 19, 2019

You can go to my website, www.kauderraceresults.com and click on the CC Online Entries tab for instructions and a link to the online entries site The End Result website or go to the online entry site, The End Result at <http://www.theendresultco.com/xc/> It will walk you through what you will need to do to enter your team roster for the meets I am scoring this season. Make sure your roster is entered before the online deadline.

1. **Create an account** website. Save your user name and password somewhere for future use. The first meet of the year you will need to create an account. You can do so by clicking the **Sign-Up** button in the middle of the page. **IF YOU ARE RETURNING TO ENTER ANOTHER MEET...and don't remember your login, they have a forgotten username or password help in the bottom of the login box.**
2. Put in all of your account information and click **continue sign-up** on the bottom of the page. If you are a high school and middle school coach (or male and female) you will want to check all appropriate boxes that apply for any teams you will need to enter at this time or you will have to create a separate account later.
3. Next you will need to enter your rosters by clicking on the male or female links. They will look like the icons below: Blue and Pink. If you only signed up as male or female coach you will only have one of the icons showing.

Your Rosters

These rosters should contain all of your runners. You will choose among these runners when declaring who will be attending which meets. After you create your roster, you must enter meets in the "Meets" section below. To create or edit a roster, click its icon.



When you are done entering your athletes, click the Save Changes button and you are done.

4. After saving your changes, click on the **return to main page** link at the bottom. You will be back to the meet screen and should see a calendar of meets at the bottom by date order. You will need to **enter your rosters** (they have a diagram/instructions on the page for how to enter your rosters) **for the meets** you are attending that use this entries program. You can enter all meets now or enter each one at a later time, just make sure your rosters are in and updated prior to each meet.
5. You should then see your entire roster with a box to check in front of their name. (Looks like the picture below. You can select all by clicking the switch all checkboxes link at the bottom if you wish to enter all. You can also do that and uncheck the athletes that you know are not competing for that meet as well. Hit the save changes and your team is entered.

Your Female Roster for the Vinton-Shellsburg Meet

This roster should contain all of your female runners who will be competing at the Vinton-Shellsburg meet.

	include?	first name	last name	grade	TFRRS ID
1.	<input type="checkbox"/>	Test	Runner	sophomore	

[switch all checkboxes](#)

(NOTE: male and female rosters are listed separately so you will have to do this to enter both sets of rosters if you coach both genders.) **You can enter your roster for any meets I am scoring at any time before the entry deadline.**

If you have questions you can call Andrew Kauder @ 319-247-7309, or email me at akauder71@gmail.com

DO NOT EMAIL ROSTERS TO ME PLEASE!